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## **Crown or Bridge Preparation**

We're happy to have you in for your Crown or Bridge. During the first appointment one or more of your teeth was prepared for holding your final Crown of Bridge. A permanent crown will be custom made for each of the teeth that were prepared today. In the meantime, we have fabricated a temporary crown that was temporarily cemented as a place holder.

## What should I expect to feel after my appointment?

It is typical to have small side effects and or experiences due to today's appointment. Some of them may include:

- Sensitivity to temperature
- Slight pressure in the area the crown or bridge was prepped
- Gum soreness
- Slight discomfort

## How should I take care after the appointment?

- Whenever anesthesia is used, avoid chewing with your teeth until numbness has worn off.
- Avoid sticky or hard foods that may disturb the temporary crown; such as:
  - Taffy, Caramels, Chewy candies
  - Gum
  - Corn-on-the cob
  - Apples
  - Chewy Breads
  - Corn nuts, kettle corn
- Rinse mouth periodically with fluoride-infused mouthwash or warm salt water to minimize inflammation of gum tissue.

It is common to feel discomfort after the appointment. Feel free to take an over-the-counter pain reliever/anti-inflammatory as needed.

Should your Temporary Crown of Bridge come loose or fall out of place, give us a call to come in and re-cement.

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